

2018

Over-the-Counter (OTC) Benefit Catalog



Good health is where you live.



**Get Over-the-Counter
Products Every Quarter.**

**Special Health Plan Benefit
with no cost to you**

*Information
on how to place your
OTC order can be found
on the last page.*

As a member of Ultimate Health Plans, you have an Over-the-Counter (OTC) benefit every quarter. This benefit allows you to get OTC products you may need such as bandages, cold and allergy medicines, pain relievers, and vitamins. Simply call the toll-free number OR fill out and mail the order form provided. Your order will be shipped directly to your door.

Your benefit allows \$100 every three months for a total yearly benefit of \$400. The benefit amount does not roll over from quarter to quarter. You pay \$0 copay for covered OTC items, medications and products up to the available benefit limit each quarter. Our plan even covers the cost of mailing the items to you!

Categories

The Over-the-Counter (OTC) items listed below have been assigned to one of the following categories: **Eligible Over-the-Counter Items** or **Dual-Purpose OTC Medications and Products**. A detailed description of both categories can be found on the right.

Eligible OTC Items

– includes medicines or products that alleviate or treat injuries or illness. You do not need to provide a statement from a medical provider or indicate a diagnosis.

Dual Purpose OTC Medications & Products

– do not require a letter of medical necessity from a physician, however, Ultimate Health Plans encourages members to have appropriate conversations with their personal provider and have their personal provider orally recommend the OTC item for a specific diagnosable condition prior to purchase.

Remember to Keep this Catalog.

You will want to reference this catalog each time you place your order.

H2962_Convey OTC Order Form v118 Accepted

Item #	Product Description	Packaging	Strength	Price
Allergy, Cold, Flu, Decongestant & Sinus				
1361	All-Nite Cold/Flu	4 oz	6.25 mg, 15 mg, 500 mg	\$5.50
1360	Cepacol Sore Throat Lozenges	16 ct	-	\$7.00
1090	Cetirizine HCL Allergy Relief	14 ct	10 mg	\$5.50
1426	Children's Dimaphen	4 oz	1 mg / 5 ml, 3 mg / 5 ml	\$6.50
1428	Children's Diphenhydramine HCL	4 oz	12.5 mg / 5 ml	\$5.50
1008	Chlorpheniramine Maleate Antihistamine	100 ct	4 mg	\$5.50
1166	Cough & Cold for High Blood Pressure	16 ct	-	\$6.50
1056	Cough Drops, Cherry	30 ct	5.8 mg	\$2.00
1182	Cough Drops, Sugar Free, Cherry	25 ct	5 mg	\$2.00
1054	Cough Syrup, Expectorant	4 oz	200 mg / 10 ml	\$5.50
1356	Cromolyn Sodium Allergy Nasal Spray	26 ml	-	\$13.00
1323	Diabetic Tussin DM	4 oz	-	\$10.50
1308	Diphenhist Antihistamine	100 ct	25 mg	\$6.00
1009	Diphenhydramine HCL Antihistamine	24 ct	25 mg	\$5.00
1180	Guaifenesin Cough Expectorant	60 ct	200 mg	\$8.50
1611	Loratadine Allergy Relief	100 ct	10 mg	\$15.00
1178	Mucus Relief DM Expectorant & Cough Suppressant	30 ct	400 mg, 20 mg	\$7.00
1357	Multi-Symptom Cold Formula	24 ct	10 mg, 5 mg, 325 mg	\$6.50
1091	Nasal Decongestant Spray, 12 Hour	1 oz	0.05%	\$5.00
1052	Nasal Spray, Saline	1.5 oz	0.65%	\$5.00
1792	Personal Steam Inhaler	1 ct	-	\$46.00
1176	Sore Throat Lozenges, Cherry	18 ct	-	\$5.00
1352	Sudogest PE Nasal & Sinus Decongestant	36 ct	10 mg	\$5.50
1164	Vapor Rub	3.5 oz	1.3%, 9%	\$7.00
Antacids & Acid Reducers				
1313	Alka-Seltzer	36 ct	-	\$8.00
1006	Antacid / Anti-Gas Liquid	12 oz	-	\$6.50
1346	Antacid Chewables	150 ct	500 mg	\$6.00
1314	Effervescent Pain Reliever	36 ct	-	\$5.00
1800	Simethicone Anti-Gas Chewables	100 ct	80 mg	\$6.00
Anticandidal (yeast)				
1119	Tioconazole 1-Day Treatment Vaginal Cream (with applicator)	1 ct	6.5%	\$17.00

Item #	Product Description	Packaging	Strength	Price
Anti-diarrheal, Laxatives & Digestive Health				
1316	Beano	30 ct	-	\$7.00
1128	Bisacodyl Enteric Coated Laxative	100 ct	5 mg	\$6.00
1045	Bismatrol Chewable Tablets	30 ct	262 mg	\$5.00
1126	Docusate Sodium Stool Softener	100 ct	100 mg	\$7.00
1733	Enema	4.5 oz	-	\$5.00
1124	Ex-Lax	8 ct	15 mg	\$6.50
1125	Glycerin Suppository	25 ct	2 gm	\$6.00
1067	Lactase Capsules	60 ct	9000 FCC units	\$9.00
1354	Methylcellulose Fiber Therapy	16 oz	-	\$11.50
1011	Milk of Magnesia	12 oz	400 mg	\$5.50
1340	Natural Vegetable Laxative	13 oz	-	\$9.00
1317	Pepto-Bismol Cherry	12 oz	525 mg / 30 ml	\$8.00
1318	Pink Bismuth	8 oz	525 mg / 30 ml	\$5.00
1012	Polycarbophil Fiber Tablets	90 ct	625 mg	\$9.50
1130	Senna Plus Stool Softener Plus Laxative	60 ct	8.6 mg, 50 mg	\$6.00
Anti-fungal & Anti-itch				
1142	Bactine Solution	4 oz	-	\$9.00
1144	Caldyphen Clear Lotion Local Analgesic	6 oz	1%	\$7.00
1140	Diphenhydramine HCL / Zinc Acetate Anti-Itch Cream	1 oz	-	\$5.00
1135	Miconazole Nitrate 2% Antifungal Cream	1 oz	2%	\$6.50
1046	Terbinafine HCL Antifungal Cream	.5 oz	1%	\$10.00
1064	Tolnaftate Antifungal Cream	1.25 oz	1%	\$5.50
Cold Sore & Medicated Lip Products				
1152	Abreva	2 gm	10%	\$24.00
1153	Herpecin-L Lip Balm	.1 oz	1%	\$7.00
1359	Releev Cold Sore Treatment	6 ml	0.13%	\$21.00
Dental & Denture Care				
1032	Denture Cleaning Tablets	40 ct	-	\$4.00
1187	Fixodent	.75 oz	-	\$3.00
1751	Interdental Flossups	90 ct	-	\$5.50
1454	Orajel Pain Relief	7 gm	20%	\$10.00
1286	Oral Pain Relief	.5 oz	20%	\$5.50
1324	Polident Denture Cream	3.9 oz	-	\$6.00
1455	Reach Waxed Dental Floss - Mint	55 yd	-	\$2.00

Item #	Product Description	Packaging	Strength	Price
1450	Toothbrush, Rechargeable	1 ct	-	\$33.00
1412	Toothbrush, Tek Pro, Straight Soft	1 ct	-	\$3.00
1414	Toothpaste, Pepsodent	5.5 oz	-	\$5.00
1903	Toothpaste, Sensitive Teeth	4.3 oz	-	\$6.00
1744	Water Jet	1 ct	-	\$40.00
1743	Water Jet Replacement Tips	5 ct	-	\$18.00
Diabetes				
1491	Diabetic Socks, Black, Medium	1 pair	-	\$6.00
1492	Diabetic Socks, Black, Large	1 pair	-	\$6.00
1489	Diabetic Socks, White, Medium	1 pair	-	\$6.00
1490	Diabetic Socks, White, Large	1 pair	-	\$6.00
Ear Care				
1742	Cotton Tipped Swabs	300 ct	-	\$5.50
1190	Ear Wax Removal Drops	15 ml	6.5%	\$5.50
1363	Ear Wax Removal System with Rubber Bulb	15 ml	6.5%	\$7.50
Eye Care				
1192	Artificial Tears Drops	.5 oz	-	\$5.00
1194	Artificial Tears Ointment	3.5 gm	-	\$7.00
1199	Clear Eyes Eye Drops	.2 oz	-	\$5.00
1196	Eye Wash Solution	4 oz	-	\$6.00
1468	Multi-Purpose Contact Lens Solution	4 oz	-	\$6.00
1061	Redness Relief Eye Drops	15 ml	0.05%	\$5.00
1905	Stye Eye Compress	1 ct	-	\$13.00
1906	Stye Eye Ointment	3.5 gm	-	\$13.00
First Aid & Medical Supplies				
1344	Adhesive Bandages *	60 ct	-	\$5.00
1200	Alcohol Pads *	100 ct	70%	\$3.00
1201	Antiseptic Towelettes	100 ct	-	\$6.50
1223	Conforming Gauze Sterile Pads - 3" x 4.1 yd *	12 ct	-	\$6.50
1763	Cotton Balls	200 ct	-	\$6.00
1732	Cushion, Foam Ring	1 ct	-	\$20.00
1466	Cushion, Gel / Foam Seat	1 ct	-	\$28.00
1731	Cushion, Lumbar	1 ct	-	\$20.00
1207	Elastic Bandage - 2" x 4.5 yd *	1 ct	-	\$5.00
1209	Elastic Bandage - 3" x 5 yd *	1 ct	-	\$5.00
1211	Elastic Bandage - 4" x 5 yd *	1 ct	-	\$5.00

Item #	Product Description	Packaging	Strength	Price
1213	Elastic Bandage - 6" x 5 yd *	1 ct	-	\$5.00
1215	First Aid Kit, 75 Pieces	1 ct	-	\$9.00
1738	First Aid Kit, 175 Pieces	1 ct	-	\$15.00
1726	Folding Cane Ergonomic Handle	1 ct	-	\$20.00
1062	Hot/Cold Pack, 1 small & 1 large	1 ct	-	\$6.50
1795	Humidifier, Ultra-Sonic Cool Mist	1 ct	-	\$45.00
1228	Hydrogen Peroxide	16 oz	3%	\$2.00
1796	Insect Repellent Spray - Deet	4 oz	30%	\$10.00
1229	Isopropyl Alcohol, Wintergreen	16 oz	70%	\$4.00
1202	Lantiseptic Skin Protectant Ointment	4 oz	50%	\$8.00
1326	Neosporin Plus	.5 oz	-	\$7.00
1840	Nitrile Exam Gloves	100 ct	-	\$12.00
1203	Povidone Iodine Solution Antiseptic	4 oz	-	\$6.00
1217	Tape, Paper Surgical - 1" x 10 yd *	1 ct	-	\$4.00
1218	Tape, Paper Surgical - 2" x 10 yd *	1 ct	-	\$5.00
1219	Tape, Silk Surgical - 1" x 10 yd *	1 ct	-	\$5.00
1220	Tape, Silk Surgical - 2" x 10 yd *	1 ct	-	\$6.00
1221	Tape, Transparent Surgical - 1" x 10 yd *	1 ct	-	\$4.00
1222	Tape, Transparent Surgical - 2" x 10 yd *	1 ct	-	\$5.50
1752	Thermometer Probe Covers	30 ct	-	\$10.00
1063	Thermometer, Digital 60 seconds	1 ct	-	\$5.50
1285	Thermometer, Digital Ear	1 ct	-	\$20.50
1697	Thermometer, Flexible Tip, Digital 10 seconds	1 ct	-	\$12.00
1014	Triple Antibiotic Ointment	1 oz	-	\$6.00
Foot Care				
1238	Callus Remover Pads	6 ct	-	\$6.00
1236	Corn Remover Pads	9 ct	-	\$5.00
1240	Medicated Foot Powder	6 oz	-	\$6.50
Hemorrhoidal Preparations				
1066	Hemorrhoidal Ointment	2 oz	-	\$7.00
1247	Hemorrhoidal Suppository	12 ct	-	\$6.00
1364	Pre-moist Hemorrhoid Pads	100 ct	-	\$7.50
1248	Preparation H Cream	26 gm	-	\$9.00
Hormone Replacement				
1736	DHEA ‡	90 ct	25 mg	\$12.50
1737	DHEA ‡	50 ct	50 mg	\$10.50

Item #	Product Description	Packaging	Strength	Price
Incontinence Supplies				
1300	A & D Ointment	2 oz	-	\$5.00
1303	Adult Briefs, Medium - 32" to 44"	12 ct	-	\$10.00
1304	Adult Briefs, Large - 45" to 58"	12 ct	-	\$13.00
1305	Adult Briefs, X-Large - 59" to 64"	15 ct	-	\$14.00
1811	Attends Discreet Men's Guard	20 ct	-	\$14.00
1810	Attends Discreet Men's Shield	20 ct	-	\$15.00
1812	Attends Discreet Women's Maximum Bladder Control Pad	20 ct	-	\$20.00
1813	Attends Discreet Women's Moderate Bladder Control Pad	20 ct	-	\$18.00
1815	Attends Discreet Women's Panty Liner	28 ct	-	\$14.00
1814	Attends Discreet Women's Ultimate Bladder Control Pad	20 ct	-	\$20.00
1816	Attends Discreet Women's Ultrathin Pad	20 ct	-	\$14.00
1302	Barrier Cream	4 oz	-	\$9.00
1478	Bladder Control Shaped Pad, Moderate Absorbency	24 ct	-	\$12.00
1479	Bladder Control Shaped Pad, Heavy Absorbency	24 ct	-	\$12.00
1480	Bladder Control Shaped Pad, Maximum Absorbency	18 ct	-	\$12.00
1021	Disposable Underwear, Medium - 34" to 44"	20 ct	-	\$16.00
1026	Disposable Underwear, Large - 44" to 58"	18 ct	-	\$14.00
1027	Disposable Underwear, X-Large - 58" to 68"	14 ct	-	\$14.00
1476	Underpad, Disposable - 23" x 24"	50 ct	-	\$13.00
1299	Underpad, Disposable - 23" x 36"	25 ct	-	\$10.00
1477	Underpad, Disposable - 30" x 30"	10 ct	-	\$9.00
1348	Washcloth with Lanolin	64 ct	-	\$7.50
In-Home Diagnostics				
1253	Desktop Automatic Blood Pressure Monitor ‡	1 ct	-	\$35.00
1503	Desktop Talking Blood Pressure Monitor - 8.7" to 13.4" ‡	1 ct	-	\$37.00
1416	EZ Detect Colon Cancer Test Kit ‡	1 ct	-	\$16.00
1505	Finger Pulse Oximeter ‡	1 ct	-	\$34.00
1251	Home Access Cholesterol Test ‡	1 kit	-	\$24.00
1789	Peak Flow Meter ‡	1 ct	-	\$16.00
1501	Wrist Blood Pressure Monitor ‡	1 ct	-	\$18.50
1502	Wrist Talking Blood Pressure Monitor - 9" to 14.6" ‡	1 ct	-	\$27.00
Motion Sickness				
1264	Dramamine Chewables, Orange	8 ct	50 mg	\$7.50
1263	Driminate Antiemetic	12 ct	50 mg	\$5.50

Item #	Product Description	Packaging	Strength	Price
Pain Relievers & Fever Reducers				
1001	Acetaminophen	100 ct	325 mg	\$5.00
1105	Acetaminophen	50 ct	500 mg	\$5.50
1600	Acetaminophen	100 ct	500 mg	\$8.00
1311	Arthritis Pain Reliever	100 ct	650 mg	\$10.00
1095	Aspirin	100 ct	325 mg	\$5.00
1096	Aspirin, Enteric Coated	100 ct	325 mg	\$5.50
1002	Aspirin, Enteric Coated, Low Dose	120 ct	81 mg	\$5.50
1802	Aspirin, Low Dose, Chewables	36 ct	81 mg	\$6.00
1367	Capsaicin External Analgesic	2 oz	0.025%	\$8.50
1423	Children's Acetaminophen Chewables	30 ct	80 mg	\$5.00
1421	Children's Ibuprofen	4 oz	100 mg / 5 ml	\$7.00
1861	Heating Pad, 12" X 15"	1 ct	-	\$26.00
1859	HeatWraps - Back & Hip	2 ct	-	\$12.00
1860	HeatWraps - Neck, Shoulder, & Wrist	3 ct	-	\$12.00
1004	Ibuprofen	100 ct	200 mg	\$6.00
1871	Lidocaine Patch	5 ct	4%	\$17.00
1257	Menstrual Relief	24 ct	-	\$7.00
1365	Migraine Relief	100 ct	250 mg, 250 mg, 65 mg	\$6.50
1097	Naproxen	100 ct	220 mg	\$9.00
1332	Pain Reliever, PM - Extra Strength	100 ct	-	\$9.50
1475	Pain Relieving Muscle Rub	2 oz	2.5%	\$5.00
1739	Salonpas Pain Relief Patches	5 ct	-	\$11.50
1261	Wellpatch Migraine	4 ct	-	\$6.00
Pediculicide (lice treatment)				
1271	Lice Treatment Shampoo	4 oz	-	\$9.50
1269	Permethrin Lice Treatment	59 ml	1%	\$11.00
Personal Care				
1076	Acne Gel 10% Benzoyl Peroxide	1.5 oz	10%	\$6.00
1065	Hand Sanitizer	8 oz	62%	\$5.00
Sleep Aids				
1725	Nasal Strips, Large	30 ct	-	\$11.00
1724	Nasal Strips, Medium	30 ct	-	\$11.00
1276	Sleep Tablets	50 ct	25 mg	\$5.50

Item #	Product Description	Packaging	Strength	Price
Smoking Cessation				
1372	Nicorelief Gum	50 ct	4 mg	\$20.00
1281	Nicotine Lozenges	72 ct	4 mg	\$39.00
1369	Nicotine Patch, Step 1	14 ct	21 mg / 24 hr	\$36.00
1370	Nicotine Patch, Step 2	14 ct	14 mg / 24 hr	\$36.00
1371	Nicotine Patch, Step 3	14 ct	7 mg / 24 hr	\$36.00
Supportive Items				
1225	Ankle Support	1 ct	-	\$11.00
1487	Back Support Elastic - 24" to 46"	1 ct	-	\$16.00
1488	Back Support Elastic with Lumbar	1 ct	-	\$28.00
1768	Carpal Tunnel Brace, Large	1 ct	-	\$24.00
1769	Carpal Tunnel Brace, Medium	1 ct	-	\$24.00
1770	Carpal Tunnel Brace, Small	1 ct	-	\$24.00
1398	Compression Knee High Socks, Men's Black, Medium (Shoe Size 8 - 10) ‡	1 pair	15 - 20 mmHg	\$17.00
1399	Compression Knee High Socks, Men's Black, Large (Shoe Size 10.5 - 12) ‡	1 pair	15 - 20 mmHg	\$17.00
1400	Compression Knee High Socks, Men's White, Medium (Shoe Size 8 - 10) ‡	1 pair	15 - 20 mmHg	\$17.00
1401	Compression Knee High Socks, Men's White, Large (Shoe Size 10.5 - 12) ‡	1 pair	15 - 20 mmHg	\$17.00
1409	Compression Knee High Socks, Women's Black, Small (Shoe Size 4-5)	1 pair	8 - 15 mmHg	\$15.00
1410	Compression Knee High Socks, Women's Black, Medium (Shoe Size 5.5 - 7.5)	1 pair	8 - 15 mmHg	\$15.00
1411	Compression Knee High Socks, Women's Black, Large (Shoe Size 8 - 10.5)	1 pair	8 - 15 mmHg	\$15.00
1406	Compression Knee High Socks, Women's Nude, Small (Shoe Size 4 - 5)	1 pair	8 - 15 mmHg	\$15.00
1407	Compression Knee High Socks, Women's Nude, Medium (Shoe Size 5.5 - 7.5)	1 pair	8 - 15 mmHg	\$15.00
1408	Compression Knee High Socks, Women's Nude, Large (Shoe Size 8 - 10.5)	1 pair	8 - 15 mmHg	\$15.00
1760	Deluxe Criss Cross Back Support, Small - 28" to 32"	1 ct	-	\$21.00
1759	Deluxe Criss Cross Back Support, Medium - 33" to 37"	1 ct	-	\$21.00
1758	Deluxe Criss Cross Back Support, Large - 38" to 42"	1 ct	-	\$21.00
1224	Elbow Support	1 ct	-	\$13.00
1465	Knee Stabilizer	1 ct	-	\$21.00
1481	Knee Support, Elastic, Small	1 ct	-	\$10.00
1482	Knee Support, Elastic, Medium	1 ct	-	\$10.00

Item #	Product Description	Packaging	Strength	Price
1483	Knee Support, Elastic, Large	1 ct	-	\$10.00
1484	Knee Support, Elastic, Small with Stays	1 ct	-	\$14.50
1485	Knee Support, Elastic, Medium with Stays	1 ct	-	\$14.50
1486	Knee Support, Elastic, Large with Stays	1 ct	-	\$14.50
1463	Night Wrist Support Smart Glove	1 ct	-	\$28.00
1457	Rib Belt - Female (one size fits most)	1 ct	-	\$21.00
1456	Rib Belt - Male (one size fits most)	1 ct	-	\$21.00
1778	Thumb Brace	1 ct	-	\$18.00
1230	Wrist Splint	1 ct	-	\$17.00
1227	Wrist Support	1 ct	-	\$13.00
Therapeutic Skin & Sun Care				
1284	Sunscreen Lotion SPF 30	3.5 oz	-	\$5.50
Vitamins & Minerals				
1373	Calcium + Vitamin D ‡	60 ct	600 mg / 400 u	\$5.50
1291	Calcium Carbonate Supplement Tablets ‡	60 ct	600 mg	\$5.00
1420	Centrum Silver Chewables ‡	60 ct	-	\$12.00
1385	Daily Multiple Vitamin Tablets with Minerals ‡	100 ct	-	\$6.00
1393	Daily Multivitamin ‡	100 ct	-	\$6.00
1375	Ferrous Gluconate Iron Supplement ‡	100 ct	240 mg	\$7.00
1376	Ferrous Sulfate Iron Supplement ‡	100 ct	325 mg	\$5.50
1741	Fish Oil, Soft Gels ‡	60 ct	1000 mg	\$7.50
1850	Folic Acid ‡	100 ct	800 mcg	\$7.00
1003	Glucosamine / Chondroitin ‡	60 ct	250 mg, 200 mg	\$9.50
1114	Glucosamine Joint / Muscle ‡	60 ct	500 mg	\$8.50
1417	Iron ‡	110 ct	27 mg	\$7.00
1418	Magnesium ‡	110 ct	250 mg	\$6.00
1377	Magnesium Oxide ‡	100 ct	250 mg	\$6.00
1378	Niacin ‡	100 ct	100 mg	\$5.00
1394	Niacin ‡	100 ct	500 mg	\$6.50
1274	Prenatal Vitamins ‡	100 ct	-	\$8.00
1395	Rena-Vite ‡	100 ct	-	\$10.00
1392	Senior Multivitamin ‡	90 ct	-	\$8.00
1734	Stress Formula Tablets with Zinc ‡	60 ct	-	\$7.50
1379	Vitamin A ‡	100 ct	10 mu	\$6.50
1016	Vitamin B-1 ‡	100 ct	100 mg	\$5.50
1381	Vitamin B-12 ‡	100 ct	1000 mcg	\$7.50

Item #	Product Description	Packaging	Strength	Price
1389	Vitamin B-12 ‡	100 ct	500 mcg	\$6.00
1380	Vitamin B-6 ‡	100 ct	50 mg	\$6.00
1388	Vitamin B-6 ‡	100 ct	100 mg	\$6.50
1382	Vitamin B-Complex ‡	100 ct	-	\$6.00
1017	Vitamin C ‡	100 ct	500 mg	\$6.00
1383	Vitamin D ‡	100 ct	400 iu	\$6.00
1390	Vitamin D ‡	100 ct	1000 iu	\$6.00
1384	Vitamin E, Soft Gels ‡	100 ct	400 iu	\$8.50
1391	Vitamin E, Soft Gels ‡	100 ct	100 iu	\$6.50
1419	Zinc Chelated ‡	100 ct	50 mg	\$6.50
Wart Remover				
1288	Dr. Scholl's Wart Removal System	20 ct	-	\$10.00
1075	Wart Remover, Liquid	9 ml	17%	\$9.00
1289	Wartners Wart Removal System	1 ct	-	\$13.00
Weight Loss				
1735	Vitafusion Fiber Weight Management ‡	90 ct	-	\$16.00

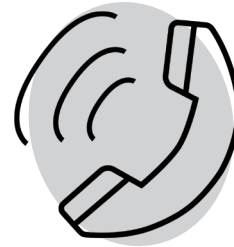
ORDER GUIDELINES



ORDER BY MAIL

You may place your order by mailing in the order form that comes with your catalog.

If the end of the benefit period is approaching and you do not think your order form will be received in time, you may call in your order.



ORDER BY PHONE

If you have questions or would like to place an order over the phone, OTC Advocates are available Monday – Friday from 8:00am to 8:00pm ET at 1-855-422-0039 (TTY: 711).

- For delivery, please allow 7 - 10 business days from the time your order is placed.
- Your order total will be applied to the benefit period in which the order is received.
- If you place your order using an order form, your order total will be applied to the quarter in which we receive your form. For example, if you mail your order form on June 29th, but we receive it on July 1st, your order total will be applied to your July (or third quarter) benefit, not your June (or second quarter) benefit.
- **If you're getting close to the end of the quarter and you do not think your order form will be received in time, you can call in your order.**
- We encourage you to use your full quarterly benefit amount in one order.
- Your order total may not exceed your quarterly benefit amount. Cash, checks, credit cards or money orders are not accepted under this OTC benefit.
- Orders may only be placed by the member, an authorized representative verbally approved by the member at time of the order, and/or the member's authorized representative on file.
- Items in the 2018 OTC catalog may change throughout the year. For the most up-to-date listing of OTC products available, go to www.chooseultimate.com.
- If you disenroll from Ultimate Health Plans, your OTC benefit will automatically terminate.

NOTICES

- Your benefit allows \$100 every three months for a total yearly benefit of \$400. The benefit amount does not roll over from quarter to quarter. You pay \$0 copay for covered OTC items, medications and products up to the available benefit limit each quarter. Our plan even covers the cost of mailing the items to you!
- OTC products are intended for member use only to help with a health or medical need. Ultimate Health Plans prohibits the use of this benefit to order OTC items for family members and friends.
- Due to the personal nature of these products, returns are not accepted. If an item is damaged during shipping, it will be exchanged for an identical item, at no cost, within 30 days of purchase.
- OTC items are available through home delivery only. Products may not be purchased at a local retail pharmacy or through any source other than the Ultimate OTC benefit channels listed above.
- This information is available for free in alternate formats. Please call our customer service number from Monday - Friday from 8:00 a.m. to 8:00 p.m. ET at **1-855-422-0039 (TTY: 711)**.

Ultimate Health Plans is an HMO with a Medicare contract. Enrollment in Ultimate Health Plans depends on contract renewal. Limitations, co-payments and restrictions may apply. Benefits may change on January 1 of each year. This information is not a complete description of benefits. Contact the plan for more information.

Discrimination is Against the Law. Ultimate Health Plans complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-657-4170 (TTY: 711). ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. 1-888-657-4170 (TTY: 711).

** May also be covered under your Medicare Part B (medical) benefit or Part D (pharmacy) benefit. For example, alcohol pads are covered under Part D if they are used for administering insulin. For all other purposes, this item is covered under your OTC benefit. Contact the plan for more information.*

‡ Dual-purpose items are medicines and products that can be used for either a medical condition or for general health and well-being. In order to purchase these items under your plan, your personal physician must recommend them to you for a specific diagnosed condition. Please speak to your physician before ordering these items.

STEP 2 - PRODUCT SELECTION (Continued)

Use This Page for Additional Items

Cash, checks, credit cards or money orders are not accepted under this Over-the-Counter (OTC) benefit.

Item #	Product Description	Quantity	Unit Price	TOTAL
6	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
7	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
8	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
9	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
10	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
11	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
12	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
13	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
14	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
15	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
16	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
17	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
18	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
19	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
20	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
Subtotal				\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>